Morley RSHE News

Policy Review Consultation Feedback

And

Period Dignity Education Policy

Dear Parents/Carers

RSHE Policy

The consultation period for updating our RSHE Policy has finished and a final copy is now available on the school website:

https://primarysite-prod-sorted.s3.amazonaws.com/morley-primary-school/UploadedDocument/6b9574c9-1ae2-4606-86fe-6fac0e462cff/rshe-policy-26.pdf

Period Dignity Policy

As a school we now have a Period Dignity Education Policy. This policy sets out how Morley Primary School supports children in relation to menstruation and period dignity.

Children helped to develop the policy through pupil voice questionnaires and discussion groups. Their feedback highlighted the importance of having a discreet box of menstrual products available in the main office and the option of using a simple 'password' if they need to leave a lesson without drawing attention to themselves.

At Morley Primary School we will support period dignity by;

- Educating our children in an age and stage appropriate way about periods, period dignity and menstrual well-being
- Challenging negative views, stereotypes, gender inequality and stigma around periods
- Providing free menstrual well-being products to those who need them

Please take the time to read the policy so you are better informed about how we approach the subject of menstruation.

We recognise that parents and carers play a key role in helping children understand puberty and periods. We encourage families to begin these conversations in an age-appropriate way before periods begin. Here are some useful links to help the process:
https://www.nhs.uk/conditions/periods/starting-periods/

https://kidshealth.org/en/parents/talk-about-menstruation.html

New text messaging service available for Derbyshire parents and carers :: Derbyshire Family Health Service

In addition to the policy, we now have a selection of books available that the children (or adults) can borrow related to the subjects of periods and puberty (for both girls and boys). If you wish to loan a book, please speak to Mrs Willis or Mrs Taylor.

Yours sincerely,
Mrs Willis (PSHE/RSHE Lead)

Lending Library

Books available:

Growing up for girls – Usborne books

The girl's guide to growing up

My body's changing – girl's guide to growing up

Hey Period – The ultimate girl's guide to your first period

Just starting puberty for girls (8-12)

Own your period

The Autism friendly guide to periods

My body's changing – boy guide to growing up

What's happening to me? Boys guide

The Boy's guide to growing up

Please ask at the office or speak to Mrs Willis if you would like to borrow a book.