Physical Development Skills Progression in Reception

	Autumn Term	Spring Term	Summer Term
Gross Motor Skills	Revise and refine the fundamental movement skills they have already acquired: - Rolling - Crawling - Walking - Jumping - Running - Hopping - Skipping - Climbing Progress towards a more fluent style of moving, with developing control and grace. Confidently and safely use a range of large and small apparatus indoors (Springwood) and outside, alone and in a group. Can climb over, under and through obstacles, e.g. climbing frame and large construction obstacle courses. Uses large construction to build.	Use their core muscle strength to achieve a good posture when sitting at a table or sitting on the floor. Combine different movements with ease and fluency. Further develop and refine a range of ball skills including: throwing, catching, kicking, passing, batting and aiming. Able to balance on and off equipment. Can jump safely from a piece of equipment.	Develop the overall body strength, co-ordination, balance and agility needed to engage successfully with future physical education sessions and other physical disciplines including dance, gymnastics, sport and swimming. Develop confidence, precision and accuracy when engaging in activities that involve a ball. **ELG Gross Motor Skills** Negotiate space and obstacles safely, with consideration for themselves and others. **ELG Gross Motor Skills** Demonstrate strength, balance and coordination when playing. **ELG Gross Motor Skills** Move energetically, such as running, jumping, dancing, hopping, skipping and climbing.

MORLEY
PRIMARY SCHOOL

Physical Development Skills Progression in Reception

Fine Motor Skills	Develop their small motor skills so that they can use a range of tools competently, safely and confidently. Suggested tools: pencils for drawing and writing, paintbrushes, scissors, knives, forks, spoons. Attempts to use a tripod grip with some consistency. Often chooses to draw, representing recognisable objects or shapes in work. Use scissors to cut along curved lines, holding scissors in the correct position. Is able to mould and shape clay/playdough with fingers and tools.	Develop the foundations of a hand writing style which is fast, accurate and efficient. Holds a pencil in a tripod grip. Uses scissors to cut around more complex shapes, e.g. split pin characters. Has developed dexterity for threading small items and manipulating small objects.	**ELG Fine Motor Skills** Hold a pencil effectively in preparation for fluent writing – using the tripod grip in almost all cases. **ELG Fine Motor Skills** Use a range of small tools, including scissors, paintbrushes and cutlery. **ELG Fine Motor Skills** Begin to show accuracy and care when drawing